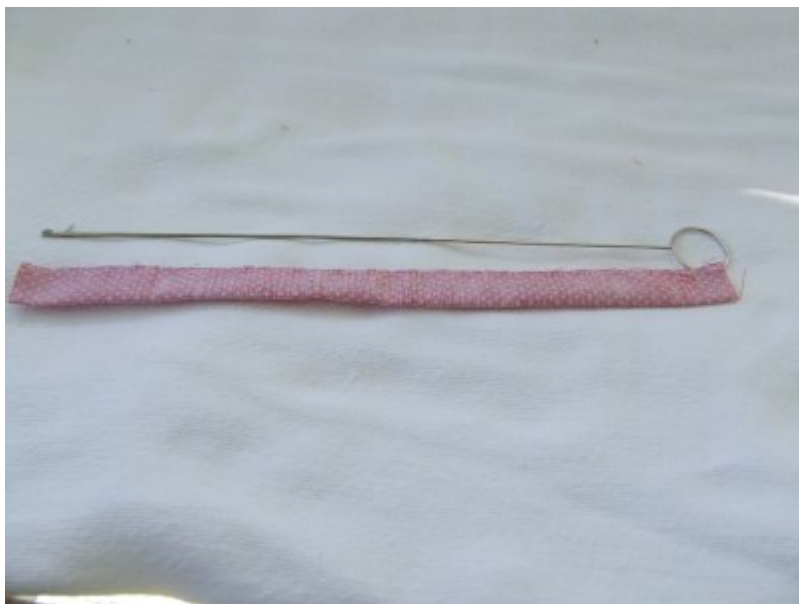


Tutorial on
HOW TO MAKE COVERED ELASTIC STRAPS
(Instructions by Cherrie Bell, adapted with permission by Monika from
www.omasplace.com)

These elastic straps/bands can be used instead of plain or colored elastic in the making of Oma's Place's Multi Purpose Pouches. Of course, they would be great for totes and backpacks to be used for bottle/cup holder straps.

- Cut:**
1. Cut a piece of fabric about 1.5 times the length of the elastic;
in case of the little pouches about 10" long by 1.5" wide.
 2. Cut a 7" piece of 1/2" or 3/8" elastic

Sew: Fold the piece of fabric in half lengthwise, right sides together, and sew 1/4" along the long edge of the fabric.



Put the Tube Turner into the tube of fabric and hook the end with the little hook on the tube turner.



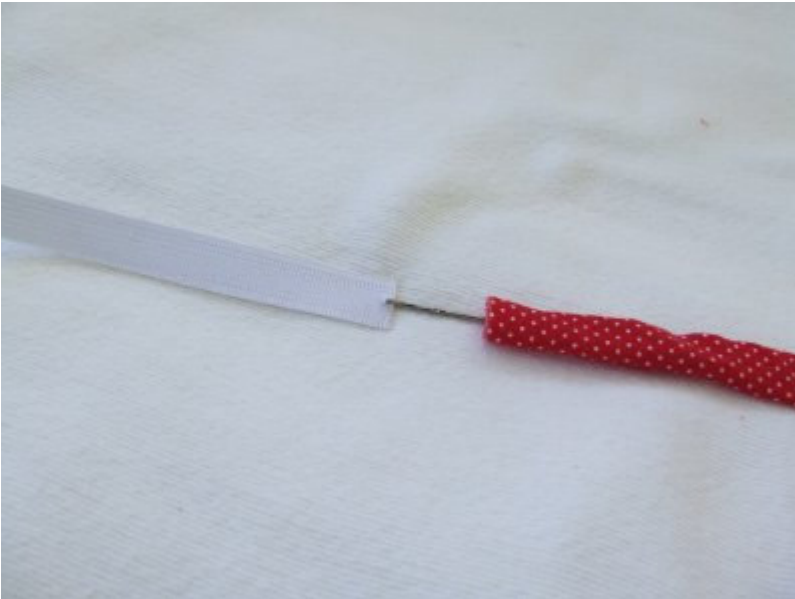
Then you just pull the tube turner through the tube of fabric and it turns the tube of fabric so that it now right side out.



This is after the tube of fabric has been turned right side out.



Then put the tube turner into the tube of fabric again and attach the little hook to the end of the 1/2 inch x 6 inch piece of elastic.





Then just pull the piece of elastic through the tube. Once started it pulls through very easily.



Next secure each end with a few stitches on your sewing machine.



All that's left is to use the covered elastic with Oma's Place's little pouches!

